



Hope for Tomorrow

Bringing cancer treatment closer to home

Issue 17 **NOVEMBER 2015**



Launch of our Next Generation Units

-  **CHARITY UPDATE**
Next Generation Unit launch
& HRH visit
-  **MCU UPDATE**
Cornwall Unit 'Dorothy'
3 months on
-  **EVENTS**
Past and forthcoming
-  **KEEP THE WHEELS TURNING**
What you can do to help
-  **SUPPORTERS IN THE SPOTLIGHT**
Celebrating Corporate,
Community and Individuals
-  **MEET ONE OF OUR VOLUNTEERS**
Sue Thompson from Wiltshire

Dear Supporter

There have been some exciting developments since we last updated you in Issue 16.

At our 10th Annual Charity Polo Day in South Gloucestershire in June, we unveiled the first of our next generation Mobile Chemotherapy Units, and just recently, we were honoured by a visit to the new Unit by Her Royal Highness, The Princess Royal, who also launched our appeal for a next generation Unit for Gloucestershire. Read all about the visit and see the pictures on the next page.

We've recently welcomed David Richards CBE as a new Patron, and you can find out more about David via our website.

For those of you who may be interested in volunteering for Hope for Tomorrow, you can read our Volunteer article on page 7, and our interview with volunteer Sue Thompson from Wiltshire, on page 12.

Best wishes

Christine Mills MBE
Founder and Trustee



A Busy Few Months...

As part of our very special 10th Annual Charity Polo Day in June, we unveiled our next generation of Mobile Chemotherapy Units (MCUs), which have been designed using feedback from both MCU patients, and the NHS teams that operate our fleet.



Pictured above is Louise's daughter Leah (who accepted the award), and Louise's son Harry, handing a posy to HRH.

We were honoured that HRH The Princess Royal could join us at Cheltenham General Hospital on Monday 21st September, where she stepped on board one of the new Units, and launched our appeal for a next generation Unit for Gloucestershire. HRH also awarded four hard working, dedicated Hope for Tomorrow supporters with Ambassadorships, including a posthumous award to Louise Doolan, who sadly passed away from cancer in May.

A Mobile Chemotherapy Unit for West Suffolk

We are delighted to announce that our 10th Mobile Chemotherapy Unit has been allocated to West Suffolk NHS Foundation Trust, who will receive one of our next generation Units. The Unit, which is set to launch in Spring 2016, will be based at West Suffolk County Hospital, with its naming and initial treatment locations to be confirmed nearer the time. This will be the fourth Unit to have its capital costs funded by The Mark Benevolent Fund to mark their 150th Anniversary in 2018 (Lincolnshire being the first, North Wiltshire the second and Cornwall, the third). As usual, along with the Unit, we will also provide the West Suffolk team with a Nurses Support Vehicle, allowing the nurses to travel to and from the daily treatment locations of the Unit, along with any additional equipment that's required.



Cornwall: MCU 'Dorothy' 6 months on the road

Six months on from the launch of our 9th MCU in Cornwall, and cancer patients throughout the county are already benefitting from receiving their treatment closer to home. The Unit is currently visiting Bodmin and Penzance, with a third location, Helston, to be added soon.

Steve Munroe (pictured), was the first person to be treated on board 'Dorothy' at Bodmin, saving him five hours in travelling and waiting time. Steve says that the difference this makes to both himself, and his wife, is "absolutely phenomenal".



In his words: "It would take 7 hours for my treatment at the main hospital in Truro, but, thanks to 'Dorothy', I can be back home within 2 hours. It just makes the whole treatment process so easy and I don't have to worry about waiting around in a confined waiting room, anxious about the germs I might pick up. I feel so much less shattered as a result. From the heart, this is an absolutely brilliant system."

Kathryn Radcliffe, Lead Cancer Nurse at Royal Cornwall Hospitals NHS Trust, says that the Unit "truly is a wonderful thing for the people of Cornwall. Even though we have only been operational for a relatively short time, feedback from patients and the community has been incredible. Our drivers, Randy and Paul, have had other road users flashing their lights and letting 'Dorothy' through."

Hampshire: MCU 'Amy' Celebrates 3rd Birthday!

On Monday 14th September 2015, the team from Hampshire Hospitals NHS Trust, and Hope for Tomorrow, along with special guests including Patron Derek Bell MBE, who launched the Unit back in 2012, and the Mayor of Andover Cllr Iris Andersen (all pictured), gathered at Andover War Memorial Hospital to celebrate 3 years of the Unit bringing cancer treatment closer to home for local patients.



Lincolnshire: MCU 'Elaine' Meets the Red Arrows

Back in July, we were invited along to the Red Arrows STEM event at RAF Scampton in Lincolnshire, where we and the team from United Lincolnshire

Hospitals NHS Trust, who operate 'Elaine', attended as representatives of the Health Sector; met the Red Arrows and saw them in action; and chatted to groups of students attending the annual event, the aim of which is to help inspire young people to engage in Science, Technology, Engineering and Mathematics.



EVENTS

Once again we've been very busy with fundraising events, including those we hosted ourselves, and those organised by our wonderful supporters. Here's just a small selection...

10th Annual Charity Polo Day

We had such a special day back in June at our 10th Annual Charity Polo Day, where not only did we unveil our next generation of Mobile Chemotheapy Units, but with our wonderful supporters' help, we raised over £34,000 - amazing!

Berkshire: Englefield 10k Run

For 2015, this annual event, which is organised by the Rotary Club of Reading Abbey, and held at the Englefield Estate in Berkshire, with the kind permission of the Estate owner Richard Benyon, was in support of our MCU project, and also included a 3.2k Youth Race, and Family Treasure Hunt.

We await confirmation, but it is believed that a total of approximately £2,500 was raised on the day, which is fantastic!





Follow-up...

Well what a terrific week we had – so many of our supporters got involved in this second, annual, week-long event, including all our NHS Partners around the UK! If you keep up to date by following us on Social Media you'll have seen many pictures taken at events and posted during CITC Week, but if not, here are just a small selection of the wonderful fundraising and awareness-raising events that took place, kicked off by the MCU Partners Day in South Gloucestershire...



Wincanton Chippenham Bake-off! ...



and Caron's 2nd Birthday Party!



'Rock Against Cancer' 2016

We've recently received great news in that Hope for Tomorrow has been chosen again, as one of a number of worthy causes, to benefit from the Concert at the Kings, 'Rock Against Cancer', which takes place at The Kings Arms in All Cannings near Devizes, Wiltshire, on 21st May 2016. After 2015's amazing event, we received a generous donation of £5,500 from the organisers towards our MCU project. We're looking forward to next year's event and to seeing the line up of legends who will be performing! For further information, visit www.concertatthekings.co.uk.



Photo copyright & courtesy of www.wardpics.co.uk

The Emergency Services Show



We were thrilled to be invited to take our next generation MCU along to this amazing annual family event at Hullavington in North Wiltshire in September. We welcomed literally hundreds of people on board the Unit on the day, and made lots of new friends in the process!

MCU Open Days coming up...

Over the coming months, we are planning a number of MCU Open Days, when the public will have the opportunity to step on board their local Unit, take a look around, and chat to the NHS teams who operate them, and members of the Hope for Tomorrow team, about the ongoing work and aims of the Charity. Further details regards these Open Days will be posted to our Social Media platforms, and advertised in the local press.

Somerset: MCU 'Bumble' to Celebrate 5th Birthday

December 2015 heralds the 5th Birthday of our Somerset Mobile Chemotherapy Unit, which was launched in 2010 by Patrons Sir Stirling Moss OBE, and Lady Moss, and was named 'Bumble' in memory of Lady Moss's mother, who sadly passed away from cancer. The Unit, which holds a very special place in the hearts of past and present patients, and supporters in the county, and currently visits Minehead, West Mendip, Bridgwater and Chard on a weekly basis, has helped many cancer patients in the county over the years, to receive their treatment in a more restful environment, closer to their homes.



Stirling & Susie at Bumble's Launch

Receiving treatment on board 'Bumble' was described as being "cradled in care" by Hope for Tomorrow Ambassador, Hilary May, who was the first patient to receive treatment on board after the Unit's launch.

Every Dog has its Day...

Sadly, the 2015 Bowood Dog Show and Summer Fair in Wiltshire, which we were invited to attend for the second year running, came to an end this year on its 10th anniversary. The Marchioness of Lansdowne and her team, who have worked tirelessly over the years in making this event such a resounding success, decided that it was time to 'hang up the rosettes', ending the 10 year run of the event on a complete high. Up to 2014, the event has raised some £250,000 for local worthy causes and it is hoped that when the final figure is announced, 2015 will have



smashed the £300,000 mark. Record numbers of over 5,000 visitors, with at least 2,000 four legged friends, attended the 2015 event (and we met many of them), with around £40,000 taken in total!

Hope for Tomorrow recently attended a celebratory reception at Bowood House, along with the other chosen worthy causes.

We were delighted to have received a donation of £5,000 from this year's event.

Our thanks not only to the Marchioness and team for choosing to support the Charity, but also to our wonderful volunteers Sue, Pete and mascot Nelson Thompson, and Ambassadors John and Mary Bell, for all their help on the day.



There are many ways in which you can play your part in keeping the wheels turning on our Mobile Chemotherapy Units across the UK.

Here are just a few:

Volunteering for Hope for Tomorrow

Being a small Charity, with just 13 members of staff, our volunteers and the work they do are absolutely invaluable. They undertake all sorts of different tasks for us, from internet research to local research on foot; from attending cheque presentations to presenting Hope for Tomorrow and its work to community groups; helping us at events or attending events on our behalf. One thing is certain; life as a Hope for Tomorrow volunteer is never boring! Here are just a few examples of what our volunteers have been up to recently...

In **Gloucestershire**, our Ambassador and volunteer John Bell presented to Cirencester Rotary Club on our behalf. The Club have chosen us as their Charity of the Year, and their members wanted to know more about the Charity, and John therefore went along to a tea-time meeting for us. Thank you John!

In **Wiltshire**, Ambassadors John and Mary Bell, and volunteer Sue, husband Peter, and four legged mascot Nelson Thompson (pictured), helped at the Bowood Dog Show and Summer Fair. They helped us to promote the Charity to passers-by, as well as looking after the Charity stand/shop. Thank you all!



In **Kent**, volunteer Ann Walker-Parry attended the New Romney Scouts 'Chocoholics Evening', where she joined in with all the yummy chocolate based activities. The event raised a marvellous £468 for Hope for Tomorrow! Thank you Ann and the New Romney 1st Scout Group! And in other Kent news, Mollie Jackson took part in the New Romney Country Fayre parade, helping to promote awareness of Hope for Tomorrow. Thank you Mollie!

In **Lincolnshire**, we have welcomed both Liz Murray and April Brown on board as volunteers, along with Skegness Lions member, Mike Hardy. Thank you all!

To find out more about being a Hope for Tomorrow volunteer, turn to the back page where you can read an interview with Wiltshire volunteer, Sue Thompson.



Would you like to volunteer?:

If you have any spare time that you would like to spend volunteering for Hope for Tomorrow, then we would love to hear from you. Please get in touch with us using the contact details on the back page of this newsletter.

We look forward to hearing from you!

KEEP THE WHEELS TURNING

Charity Christmas Cards



Purchasing our Charity Christmas Cards for your friends and family allows us to raise even more funds towards our MCU project, or, in lieu of cards



and presents this year, you may decide to donate to Hope for Tomorrow instead. Our Christmas cards are on sale on our website, and of course if you'd like to donate instead, call us on (01666) 505055. Thank you!

Legacies

A legacy is when you leave an amount of money or property to someone in your Will, and, a living legacy, is when you make such a donation, whilst still living. A legacy left to Hope for Tomorrow would help us to continue building and maintaining our Units long into the future, bringing relief to those undergoing the stresses involved in the treatment of cancer, and also to their families and carers.

A friend of Stroud supporter Mrs Thelma Cowley, was treated on board the Gloucestershire Unit, 'Helen', and Thelma was so pleased with the MCU-based treatment,

which meant a half hour out of her friend's day, rather than a whole day lost, that she decided to make a living legacy to Hope for Tomorrow, and generously funded the new Gloucestershire Hospitals NHS Trust Nurses Support Vehicle that you can see pictured. The car has been named after Thelma, in recognition of her generosity!



It is estimated that around 75% of us give money to charity in our lifetime, but

that only around 5% of us do so in our Wills. Making a charity bequest in your Will is a simple way to leave a lasting gift, with the added benefit of charitable bequests being exempt from inheritance tax.

We always recommend that you seek the advice of a Solicitor to make your Will, but if you would like to discuss how to make us a gift in your Will, or would like to make a donation in memory of a loved one, please contact us on (01666) 505055 or email info@hopefortomorrow.org.uk Thank you.

Payroll Giving

Payroll Giving is a process by which companies can make it easy for their staff to donate to a charity like Hope for Tomorrow. It's a tax efficient scheme that allows you to make regular donations to us straight from your salary, and because your donation is taken out before tax, a £5 donation will actually only cost you £4.

If you are interested in setting up a regular donation, or would like to promote this idea within your company and require further information, please call (01666) 505055 or email us at info@hopefortomorrow.org.uk. Thank you!



SUPPORTERS IN THE SPOTLIGHT

Our supporters come up with so many different ideas when they set their minds to raising funds for us. They have one thing in common; they are all about people getting out and enjoying themselves whilst raising funds to make a difference. All donations, however big or small, make a difference to Hope for Tomorrow as we work to bring cancer treatment closer to home for chemotherapy patients across the UK. We appreciate the hard work that goes into making these events a success.

Corporate

Corporate Charity Partner Rygor, recently launched their 'Charities of the Year 2015' initiative, and we have been chosen to benefit along with Wiltshire Air Ambulance based near Westbury, Wiltshire, and Camren's Steps in Oxfordshire. With more than 20 branches across the UK, Rygor's chosen charities reflect the company's geographical coverage.

Tim Stacey, Managing



Director at Rygor, said: "At Rygor we have an exceptional team who not only strive to set standards in work endeavours, but also look to give back to local communities and causes. Many of our team members hold certain charities close to their hearts, so we wanted them

to be the key decision makers when it came to choosing which charities our Company would fundraise for over the next year. We are proud to be supporting each of the chosen charities this year and look forward to coming together as a team to help make a difference."

Thank you team Rygor, we look forward to awareness and fundraising alongside you!

St Austell Brewery supported our Mobile Chemotherapy Unit in Cornwall during Chemotherapy in the Community Week. Chris Knight, Curator & PR Coordinator for the brewery, made a special visit to Tesco in Helston, one of MCU Dorothy's three current community treatment sites, to hand over a cheque for £1000 towards her annual running costs.

Chris said: "When we received the request for help to maintain one of these amazing

Units it automatically felt like the right thing to do. Having now witnessed first hand the truly positive environment of the Mobile Chemo Unit and understood more fully the real difference they can make in helping people to cope with their illness on an ongoing basis, we will definitely be looking at how we might be able to help support them longer term in providing their invaluable service."

A big thank you to St Austell Brewery for their

Community



In **Lincolnshire**, Farmer Brown's Ice Cream Parlour in Huttoft, are supporting us this year, and have been at the centre of some wonderful community fundraising in the area.

SUPPORTERS IN THE SPOTLIGHT



Additionally, the local pub, The Axe and Cleaver, have supported Farmer Brown's efforts, along with those of locals Rob Appleton who shaved his hair off for us, and Jason Mott who shaved off his beard and are pictured above with Clemmie Rubinstein!

In **Wiltshire**, The Captains of the Manor House Golf Club in Castle Combe, Ann Sneddon and John Fry, chose to support us as the Joint Captains Charity during 2015. They have raised a magnificent amount of nearly £15,000 through various events, the highlight of which was the Captains Day Auction, which raised over £10,000 of the total!



Individual

Meanwhile in London, supporter Maitland Cook ran just over 10 miles recently for us, raising over £6,600! Our supporters in Gloucestershire have been busy; Penny Lewis, with a long held fear of heights, undertook a Sky Dive, raising over £11,100!

Also, British Racing Drivers' Club rising star Jamie Chadwick, who has recently won the prestigious British GT4 title, and carries our Charity logo on her race car and suit, has been sponsored by an anonymous benefactor, and as a result, our MCU project received £10 for every point scored in the British GT this season, which totalled £1,645! Congratulations Jamie!



In July, Long-time supporter Graham Storey of AMCO, and friends, held a Golf Day in Tewkesbury, that raised a whopping £3,000 - thank you all!



Hertfordshire supporter Justin Tepper (erroneously mentioned as being from Gloucestershire in our last issue – our apologies), began a year long 'Hair-a-thon' in February 2015, having shaved his hair, moustache and beard off. Justin won't now have his head and facial hair cut again until February 2016, and all to raise funds for our MCU project. This is quite a challenge as you can imagine, and we think that Justin is doing an amazing job!



This is a recent picture of Justin with his wife, Stacey. If you would like to sponsor Justin in his challenge, please go to his Just Giving page at www.justgiving.com/Justin-Tepper.

An Evening with the Legends of Le Mans

The Hurlingham Club, Fulham, London
Wednesday 18th May 2016



We are pleased to announce a very special event celebrating the Le Mans 24 Hour Race; the most famous endurance motor race in the world.

Joining us for the evening at the third Le Mans Dinner, will be Le Mans Legends and Patrons David Richards CBE, Ross Brawn OBE, Derek Bell MBE and Martin Brundle along with Richard Attwood, Nick Mason, David Piper, Guy Smith and Andy Wallace. We have also invited our Patron Sir Stirling Moss OBE.

Guests will have the opportunity to mingle with the drivers at a drinks reception in the magnificent



grounds of The Hurlingham Club with its glass domed Palm Court and Orangery, where a range of iconic Le Mans cars will be on display.

The evening will continue in the Broomhouse Suite, with a three course dinner complemented by fine wines and in the company of the drivers.

Hosted by a well known sports journalist and personality, together with motor racing journalist Simon Taylor, guests will be entertained by inspirational, witty and surprising anecdotes from the world of Le Mans.

The evening will conclude with a fast paced 'money can't buy' Live Auction.

We are most grateful that this exciting event is supported by so many people from the world of motor racing, many of whom will be present at the event, making it an evening not to be missed!

Tickets are priced at £135 per person which includes a drinks reception, showcase of iconic cars, three course dinner with driver Q&As and the charity auction.

A limited number of Driver Hosted Tables are available at a price of £1,850 for 10 guests, plus your driver host and his guest. A standard table of 10 will cost £1,300.

This Hope for Tomorrow charity event will also be supporting Aspire; a charity providing practical help to people who have been paralysed by spinal cord injury.



To buy tickets or for more information, please contact Emma Bowles on: 01666 505055 or by email at emmabowles@hopefortomorrow.org.uk

MEET ONE OF OUR VOLUNTEERS

GET IN TOUCH

In each issue we like to introduce you to the stories and the people behind the scenes. As you know, our volunteers are vitally important to us and help with all manner of tasks including assisting at events. Here, we meet Sue Thompson, a volunteer from Malmesbury in Wiltshire.

Why did you decide to volunteer for

Hope for Tomorrow?: My mum passed away from cancer, and as the Charity is helping those with the disease, I wanted to get involved and help other cancer sufferers to receive their treatment locally, rather than having to travel long distances. God forbid, but if I or anyone else in my family or circle of friends had to have treatment, it would be good to know that we could potentially have it on board one of the Charity's Mobile Chemotherapy Units (MCUs).

How long have you been volunteering for the Charity?: I've been helping Hope for Tomorrow since 2012, so three years now.



What sort of volunteering roles have you carried out?:

I started off by helping in the office, sending the quarterly Newsletter out, and since then, have helped out at a variety of events, including one at Gatcombe, the Bowood Dog Show, the

annual Polo Day and raising awareness in Weston-super-Mare amongst others.

What have you enjoyed doing the most?: I enjoy meeting people and talking to them about the Charity and the Units. I am a good listener and feel incredibly humble when people with experience of cancer, including patients, share their stories with us, and it's lovely to hear when someone has used one of the Units for treatment. It makes it so worthwhile to know just how much it is helping them.

What do you think of the MCU service?: It's wonderful for the patients. I'm sure the large hospitals are friendly, but the Unit is such a cosy environment where they can chat to other patients and receive near on one-to-one attention, and I really admire the NHS staff on board.

In light of recent press publicity regarding how charities contact their supporters, we would like to assure you of our respect for your privacy. If you no longer wish to receive our Newsletter or be contacted by the Charity, please let us know, and we will update our records accordingly.

Call us on: **01666 505055**

Send us an email at:
info@hopefortomorrow.org.uk

Write to us at:
Hope for Tomorrow, Upton Lodge,
Upton, Tetbury,
Gloucestershire GL8 8LP

Contact us via our website:
www.hopefortomorrow.org.uk



Registered Charity No: 1094677